



Enrichment Center Caregiver Calendar

July 2019



Monday	Tuesday	Wednesday	Thursday	Friday
1 10am: Caring Connection Support Group	2 CAREGIVER TIME OUT (CANCELED)	3 10am: Diabetes Support	4 CENTER CLOSED HAPPY 4 th OF JULY	5
8 6:30pm: MS Support Group	9 1pm: Caregiver Time Out	10	11 Tech 9-1-1: Sign Up For A Time 1pm: Grief Support Group 1pm: Stroke Support Group (A Teachable Moment)	12 1pm: Movie Club (The Good, the Bad, and the Ugly)
15	16 1pm: Caregiver Time Out	17 10:30am: Parkinson's Disease Support Group	18 1pm: Caregiver Ice Cream Social	19
22	23 1pm: Caregiver Time Out	24 10:30am: Virtual Advocacy Day	25 10am: Grandparents Raising Grandchildren Support	26
29	30 1pm: Caregiver Time Out	31		

Signups for all programs are strongly encouraged in case of cancelation. You can RSVP at (919) 776-0501 ext. 2201.

Please call Holly Hight, Caregiver Specialist, at (919) 776-0501 ext. 2230 for more information regarding these programs or for further assistance.